

CRAFTING FOR CHOICE - YOU MUST WHISK YOUR WHEAT PASTE!



Instructions:

1. Whisk one part flour with four parts water in the pot until there are no clumps left over.
2. Heat the pot over medium ish heat and whisk!
3. YOU MUST WHISK YOUR WHEAT PASTE, otherwise it may be clumpy (bad) or burn (also bad).
4. Whisk until your wheat paste just starts to bubble, it should be a creamy consistency. Remove from heat.

Ingredients & Supplies:

- **4 parts water**
- **1 part flour**
- **pot**
- **whisk!**

Tips & Tricks:

- There are many ways to make wheat paste. It can be made in a similar method by whisking together boiling water from a kettle with flour. This method can make a wheat paste that is more watery, as the ratio of flour to water is harder to maintain.
- The flour to water ratio is not a hard and fast rule; many people don't use a ratio or this ratio and their wheat paste is still as strong as glue. A watery wheat paste may be more useful for different scenarios, as long as your wheat paste is not clumpy it will work.
- To put up your posters using wheat paste:
 - Use a paint brush to cover the surface you are pasting to in a layer of wheat paste that is slightly larger than the size of your poster.
 - Put up your poster on top of the layer of wheat paste and try to make sure there are no wrinkles or bubbles, these will make your posters easier to rip down.
 - Cover the poster in another layer of wheat paste.
 - Tip: Try to choose a surface that is as smooth as possible (e.g. glass or concrete) and try to avoid any surface that is very porous like wooden hydro poles. These also tend to have a lot of staples jutting out.

Safety Considerations

- Wheat pasting posters on hydro poles and telephone poles is legal; wheat pasting posters onto private property falls under vandalism laws. Some municipalities or regions may have created bylaws to reduce or eliminate the practice of wheat pasting posters.
- If stopped by the police, do whatever is safest for you. You can let them know that postering on public property is a protected form of free speech under section 2(b) of the Canadian Charter of Rights and Freedoms. However, individual bylaw officers are not necessarily going to protect your rights. You should be prepared for the possibility of interacting with police anytime you go out postering.
- Never go wheatpasting alone! Take trusted friends with you and stay together at all times.
- If someone asks you what you are doing, do not engage, just walk away.
- Consider your privilege and the safety of those around you.
 - Consider if you or anybody you're with is racialized, on a study or work permit, is undocumented, or if they have any prior convictions, and what additional risks they may faced if stopped by police.

Wheatpasting and postering is intended to be done only on property where it is legal and/or with the permission of the owner. Niagara Reproductive Justice and OPIRG Brock are not responsible for any posters affixed to public or private property and are not responsible for the actions of individuals.