

If you see anti-choice activity in Niagara,  
please let us know and fill out the Anti-  
Choice Activity Reporting form at  
**[bit.ly/ReportAntiChoicers](https://bit.ly/ReportAntiChoicers)**.



NRJ is a group of community members in  
the Niagara Region of Ontario advocating  
for increased visibility of and access to  
sexual health resources in Niagara.

## Stay in touch!

 Niagara Reproductive Justice

 @niagarareproductivejustice

 [niagarareproductivejustice.com](https://niagarareproductivejustice.com)

 **Contact us!**  
[niagarareproductivejustice@gmail.com](mailto:niagarareproductivejustice@gmail.com)

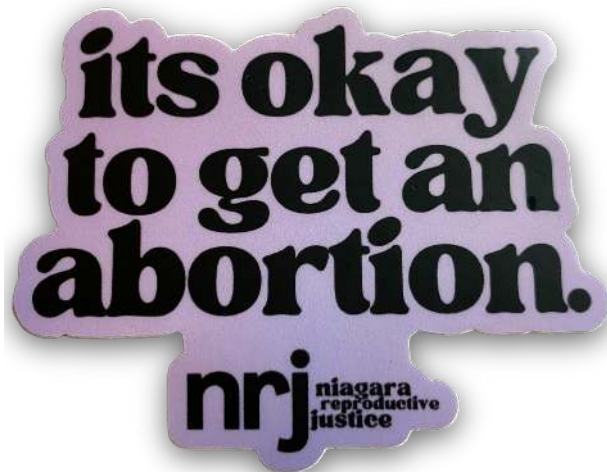
# FAKE CLINICS: "CRISIS PREGNANCY CENTRES" IN NIAGARA

Part of Niagara Reproductive Justice's  
**"Actually Accurate Information"** Zine Series



by Niagara Reproductive Justice

*Updated Jan 2023*



## WHAT ARE CRISIS PREGNANCY CENTRES?

“Crisis Pregnancy Centres [CPCs] are **anti-choice agencies** that present themselves as unbiased medical clinics or counselling centres, and whose ostensible goal is to provide women with non-judgmental information on all their options when faced with an unintended pregnancy.”

CPCs often try to mimic the appearance of a medical facility to trick clients into believing that the information they provide is scientific and trustworthy.

However, most of them are Christian ministries whose employees have no medical training.

[www.arcc-cdac.ca/cpc](http://www.arcc-cdac.ca/cpc)

## WHERE CAN I GET RELIABLE INFORMATION ABOUT ABORTION AND SEXUAL HEALTH IN NIAGARA?

### Niagara Region Sexual Health Centre

Staffed by nurses who provide STI testing and treatment, birth control at a reduced price, pregnancy testing, the morning after pill, unplanned pregnancy options counselling, and free condoms. No health card needed.

**Phone number: 905-688-3817**

*You must make an appointment.*

**Niagara Falls** - 7835 McLeod Rd

**St. Catharines** - 277 Welland Ave.

**Welland** - 200 Division St.

## WHERE CAN I GET AN ABORTION REFERRAL IN NIAGARA?

### 1. Choice Connect Abortion Referral

Web app provides referrals to closest abortion provider in your area

### 2. Action Canada Access line: 1-888-642-2725

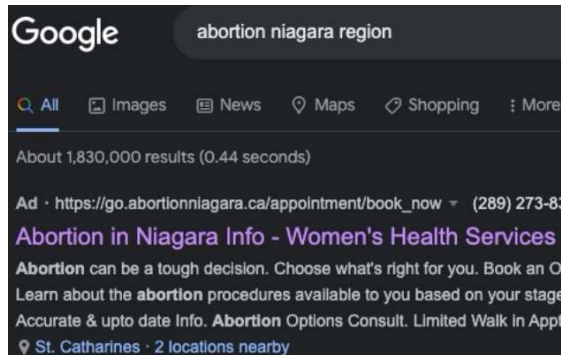
Confidential 24-hour Canada wide toll free number that provides information on reproductive and sexual health and referrals on pregnancy options

### 3. Niagara Region Sexual Health Centre (no health card needed, see above)

For more information on how to access abortion in Niagara, go to **[niagarareproductivejustice.com](http://niagarareproductivejustice.com/niagara-resources)**  
**/niagara-resources.**

## BE AWARE OF MISLEADING ONLINE ADS WHEN RESEARCHING ABORTION

This looks like a trustworthy link, but in fact it directs to Clarity Pregnancy Options.



This CPC claims to be a “safe, non-judgmental and confidential place for you” when in reality, ***they are anti-choice and provide scientifically inaccurate information about abortion and contraceptives.***

## CPC LOCATIONS IN NIAGARA (AVOID THESE!)

### Fort Erie

South Niagara Life Ministries, 143 Gilmore Rd

### Port Colborne

South Niagara Life Ministries, 72 Charlotte St

### St. Catharines

Niagara Life Centre, 65 Lakeshore Road

Clarity Pregnancy Options, 226 Merritt Street

### Welland

Clarity Pregnancy Options, 48 Burgar St

### Grimsby

Grimsby Life Centre, 18 Elm St

### Niagara Falls

Clarity Pregnancy Options, 4113 Drummond Road

## CRISIS PREGNANCY CENTRES SPREAD MISINFORMATION TO PROMOTE THEIR ANTI-CHOICE MESSAGE.

CPCs in Niagara have falsely told clients that they are at risk of hemorrhaging and dying if they take the abortion pill. **In fact, the abortion pill is considered to be very safe by medical experts.**

They also falsely claim that there may be a link between abortion and breast cancer. **The National Cancer Institute debunked this claim 17 years ago.**

They also claim that depression, anxiety, and suicidal thoughts increase after receiving an abortion. The American Psychological Association debunked this claim in 2008, instead showing that **denying people abortions is linked to a decrease in mental health.**

Prescribing the abortion pill without restrictions is safe:  
UBC-led study | University of British Columbia

Reproductive History and Cancer Risk | National Cancer Institute

The facts about abortion and mental health | American Psychological Association

## CRISIS PREGNANCY CENTRES ARE DANGEROUS.

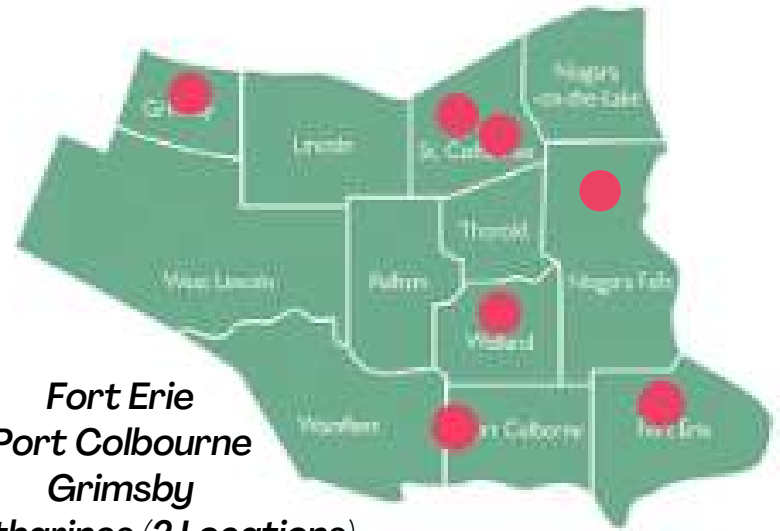
**CPCs spread misinformation about abortion, contraception, and STIs.**

Through doing this, they seek to take away individual autonomy - not just in making choices about pregnancy, but also in any matter regarding sex and sexual health.

CPCs will use **fear-mongering, shaming, and manipulation** in order to prevent clients from choosing abortion.



## THERE ARE 7 CRISIS PREGNANCY CENTRES IN THE NIAGARA REGION.



Fort Erie  
Port Colbourne  
Grimsby  
St. Catharines (2 Locations)  
Welland  
Niagara Falls

CPCs are not regulated by the government and many are registered as charities. Many CPCs receive federal funding through government grants.

**AS OF 2016, THERE ARE MORE CPCs IN CANADA  
THAN THERE ARE CLINICS THAT OFFER ABORTION.**

For more information on anti-abortion agencies in Niagara and how to file complaints against them and help counter their messaging, visit [www.niagarareproductivejustice.com/monitoring-anti-choicers](http://www.niagarareproductivejustice.com/monitoring-anti-choicers)