



## Beware of Crisis Pregnancy Centres!

Crisis Pregnancy Centres (CPCs) are **anti-abortion fake clinics** that target people seeking abortion and attempt to trick them into coming to their centre instead of an actual medical centre. They provide false information about risks associated with abortion. Abortion is a safe and normal healthcare procedure.

### Please avoid the following organizations in the Niagara Region:

- Clarity Pregnancy Options (St. Catharines, Welland & Niagara Falls)
- South Niagara Life Centre (Fort Erie & Port Colborne)
- Grimsby Life Centre
- Niagara Life Centre (St. Catharines)

***If you have questions about where to find accurate information about abortion or need help accessing***

***abortion***, email us at

[support@niagarareproductivejustice.com](mailto:support@niagarareproductivejustice.com)

or visit our website at

[niagarareproductivejustice.com](http://niagarareproductivejustice.com)

The work of Niagara Reproductive Justice primarily takes place on the traditional lands of the Haudenosaunee, Anishinaabe, Wendat, and Chonnonton peoples.

A key treaty governing this land is the Dish with One Spoon agreement. This treaty between the Anishinaabe, Mississaugas and Haudenosaunee binds them to share the territory and protect the land. To learn more about the treaties in your area, go to [www.native-land.ca](http://www.native-land.ca).



### Stay in touch!

Niagara Reproductive Justice   
@niagarareproductivejustice   
[niagarareproductivejustice.com](http://niagarareproductivejustice.com)



### Contact us

[niagarareproductivejustice@gmail.com](mailto:niagarareproductivejustice@gmail.com)

**nrj** Abortion &  
Reproductive  
Support  
Network

*We provide  
resources and  
support relating  
to abortion  
access in the  
Niagara Region.*



**its okay  
to get an  
abortion.**

## About Us

Niagara Reproductive Justice (NRJ) is a group of community members in the Niagara Region of Ontario advocating for increased visibility of and access to sexual health resources in Niagara.

We are an action group of OPIRG Brock, a social, economic, and environmental justice organization based in St. Catharines, Ontario.

## Our Abortion and Reproductive Support Network can help you with:

- Funding to cover costs related to the abortion procedure, transportation, childcare, food, and other related needs
- Transportation to and from appointments
- Connections with other organizations and providers, such as abortion doulas
- Coordination and logistical support
- A care package and other small supplies you might need

***Our support is free, confidential, and non-judgemental.***

## NRJ's other services include:

### Niagara Resources and Community Knowledge Sharing

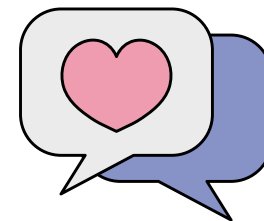
We maintain a database of low cost/free resources in Niagara. We also have some surveys for community members in Niagara to share their experience with abortion and other sexual and reproductive healthcare.

### Monitoring Anti-Choice Activity in Niagara

We maintain a list of all of the known anti-choice (anti-abortion) organizations in the area and have a reporting form to keep track of their activity. We also have created some useful pro-choice guides and resources and run a rapid response network.



***Abortion is a safe and normal healthcare procedure.***



## Contact Us

Email us at  
[support@niagarareproductivejustice.com](mailto:support@niagarareproductivejustice.com)

**We will respond within 24 hours.** Please let us know if you would prefer a phone call or email in return.

If you have a non-time sensitive general information request, please email [niagarareproductivejustice@gmail.com](mailto:niagarareproductivejustice@gmail.com) instead.

## Important information

**We are a group of community volunteers and we do not provide medical advice or care, pregnancy options counselling, or at-home care.** We are guided exclusively by your needs and believe that you are the best expert on your body and healthcare choices.

Individuals seeking support, community members, and service providers are all welcome to contact us directly.

**Our volunteers only speak English.** If you need support in another language, please let us know if you have an interpreter or if we need to provide one.